RESEARCH

prostate biopsy Hao-Wen Chuang^{1,2,3}, Shulin Wu^{1,4}, Sharron X. Lin⁴, Ting Zhao¹, Michelle M. Kim⁴, Mukesh Harisinghani⁵, Adam S. Feldman⁴, Douglas M. Dahl^{4*} and Chin-Lee Wu^{1,4*}

by transperineal multiparametric magnetic

targeted combined with systemic template

Abstract

Background Extraprostatic extension (EPE) of prostate cancer (PCa) on transrectal (TR) needle core biopsy (Bx) is a rare histopathological finding that can help in clinical decision-making. The detection efficiency of the transperineal (TP) approach is yet to be explored.

Methods We retrospectively reviewed 2848 PCa cases using concomitant systemic template biopsy (SBx) and multiparametric magnetic resonance imaging (MRI)-ultrasound fusion-targeted biopsy (TBx) using the TR (n = 1917) or TP (n = 931) approach at our institution between January 2015 and July 2022. We assessed and compared clinical, MRI, and biopsy characteristics using different approaches (TP and TR) and methods (SBx and TBx).

Results In total, 40 EPE cases were identified (40/2848, 1.4%). TP showed a significantly higher EPE detection rate compared to TR in SBx (TR:0.7% vs. TP:1.6%; *p* = 0.028) and TBx (TR:0.5% vs. TP:1.2%; *p* = 0.033), as well as the combined methods (2.1% vs. 1.1%, p=0.019). A significantly higher incidence of EPEs was found at non-base sites in TP than in TR (76.7% vs. 50%, p=0.038). SBx showed a higher EPE detection rate than TBx; however, the difference was not statistically significant. TP showed higher prostate-specific antigen density (0.35 vs. 0.17, p = 0.005), higher frequency of GG4-5 in the cores with EPE (65.0% vs. 50.0%, p = 0.020), and more PCa-positive SBx cores (10 vs. 8, p = 0.023) compared to the TR.

Conclusions TP may improve EPE detection compared with TR and should be applied to patients with adverse prebiopsy features.

Keywords Extraprostatic extension, Prostate cancer, Transperineal, Transrectal, Fusion biopsy, Template

*Correspondence: Douglas M. Dahl ddahl@mgh.harvard.edu Chin-Lee Wu cwu2@mgh.harvard.edu

Full list of author information is available at the end of the article

Detection of extraprostatic extension

resonance imaging-ultrasound fusion

© The Author(s) 2023. Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated in a credit line to the data.







Background

Extraprostatic extension (EPE) of prostate cancer (PCa) is a common pathological finding in radical prostatectomy (RP), with a frequency ranging from 23 to 67% in previous studies. In addition, it is a well-established prognostic indicator of the biochemical recurrence (BCR) [1-3]. EPE can also be detected using prostate needle biopsy; however, the prevalence is very low (0.19-1.37%) according to three large series [2, 4, 5]. The role of multiparametric magnetic resonance imaging (mpMRI) in detecting PCa EPE has been investigated previously. In a recent meta-analysis summarizing data from 75 mpMRI studies, the pooled sensitivity of mpMRI for EPE detection was 57% [6]. Furthermore, mpMRI-ultrasound (US) fusiontargeted biopsy (TBx) has been reported to improve the detection of clinically significant (cs) PCa (csPCa) compared with systematic template biopsy (SBx) [7, 8]. Recently, Baumgartner et al. [9] reported an EPE detection rate of 1.5% using TBx in a small cohort (5/333). Four of the five identified EPE cases underwent concurrent SBx and TBx; three cases were identified as EPE only by TBx, and one case was identified as EPE only by SBx. Their results indicated that TBx outperformed SBx in the identification of EPE. The transperineal (TP) biopsy approach has gained popularity owing to its higher detection rate of PCa, improved detection of anterior cancer, lower risk of complications, and feasibility in the outpatient setting under local anesthesia [10]. However, the efficiency of EPE detection using the TP approach is yet to be studied. This study aimed to compare the EPE frequency detected using different approaches (TP and transrectal [TR]), as well as different methods (SBx and TBx).

Materials and methods Study population

This study was approved by the institutional review board of our hospital. We retrospectively reviewed patients with PCa who had undergone concomitant SBx and TBx using the TR (12-core SBx, n=1917) or TP (20-core SBx, n=931) approach in our institution between January 2015 and July 2022. Clinicopathological factors including age, prebiopsy prostate-specific antigen (PSA), prostate volume, indication for biopsy, index MRI target lesion size, number of reported mpMRI targets, Prostate Imaging Reporting & Data System (PI-RADS) score, locations of index MRI targets, and pathology results of obtained biopsy cores were collected. All prostate biopsies were reviewed by two genitourinary pathologists (CLW and HWC). In each case, the overall Gleason scores for SBx and TBx were based on the core with the highest score. According to the recommendations of the International Society of Urological Pathology [11] and the Genitourinary Pathology Society [12], the Gleason Grade Group (GG) was assigned to the biopsy cores. EPE on biopsy was defined as the presence of cancer cells within or immediately adjacent to periprostatic adipose tissue (Fig. 1) [13].

Transperineal and transrectal prostate biopsy

All patients had one or more suspicious lesions identified on the prior prostate mpMRI. MRI-identified regions of interest were assigned using PI-RADS v2.1 [14] scoring. All patients underwent 2–4 fusion-targeted biopsy cores per lesion with software fusion (UroNav MRI-US fusion system Philips, Amsterdam, Netherlands) combined with concomitant SBx through either the TR or TP approach performed by five urologists, respectively, as described in previous studies (Fig. 2) [15–17].



Fig. 1 Extraprostatic extension. A-B Medium and high-power views depict tumor infiltration to periprostatic adipose tissue. Perineural invasion is also seen (H&E stain, 200X & 400X magnification, respectively)



Fig. 2 Workflow for TP and TR multiparametric MRI-US fusion targeted combined with systemic template prostate biopsy. Multiparametric MRI images are acquired to identify the prostate and lesions, fusing with real-time US to identify specific areas for biopsy. All patients underwent 3–4 targeted biopsy cores followed by concomitant systematic template biopsies. Systematic biopsy cores in the TP approach are obtained using 2 cores (different locations) taken from each of the 10 sites bilaterally (5 sides each). For the TR approach, a standard 12-core biopsy in a double sextant template is performed. Abbreviations: TP, Transperineal; TR, Transrectal; MRI, Magnetic resonance imaging; US, Ultrasound

Table 1 Extraprostatic extension detection rate in patientsundergone both systematic template and MRI-US fusion guidedprostate biopsy through transrectal or transperineal approach:comparison between transrectal and transperineal approach

Methods	All (n=2848)	TR (n=1917)	TP (n=931)	<i>p</i> value
EPE-detection rate, n (%)				
Combined	40 (1.4)	20 (1.0)	20 (2.1)	0.019
SBx	29 (1.0)	14 (0.7)	15 (1.6)	0.028
TBx	20 (0.7)	9 (0.5)	11 (1.2)	0.033

TR transrectal fusion guided prostate biopsy, *TP* transperineal fusion guided prostate biopsy, *EPE* extraprostatic extension, *SBx* systemic template biopsy, *TBx* MRI-US fusion targeted biopsy, *Combined* diagnosis by SBx and/or TBx, *p* TR VS TP, *p*-values marked with bold indicate statistically significant differences

Statistical analysis

Descriptive statistics for categorical variables focused on frequencies and proportions. The medians and interquartile ranges (IQRs) were reported for continuous variables. Statistical analysis was performed using the Mann–Whitney U test for continuous variables and the 2-sample McNemar test, Pearson's chi-squared test, or Fisher's exact test for categorical variables. All tests were two-sided, with statistical significance set at p < 0.05. All statistical analyses were performed using the SPSS software (version 20.0; SPSS Inc., Chicago, IL, USA).

Results

In total, 2848 patients underwent concomitant SBx and TBx using the TR (n=1917) or TP (n=931) approaches. Among them, 40 cases (1.4%) were diagnosed with EPE, of which 20 cases were diagnosed using TR (1.0%) and 20 cases were diagnosed using TP (2.1%). The EPE detection rate through TP was significantly higher than that through TR (p=0.019). The significance was maintained for both SBx (TR:0.7% vs. TP:1.6%; p=0.028) and TBx (TR:0.5% vs. TP:1.2%; p=0.033) (Table 1).

The details of the EPE lesions between the TR and TP are shown in Table 2. We found that many more cores in the non-base locations were identified in the TP than in the TR (76.7% vs. 50.0%, p=0.038).

Of the 40 EPE cases, 20 (50%), 11 (27.5%), and 9 (22.5%) were identified only in SBx, only in TBx, and both in SBx and TBx, respectively. SBx showed a higher EPE detection rate than TBx in both the individual approach and the combination but did not reach statistical significance (combined: p=0.196; TR: p=0.296; TP: p=0.430) (Table 3).

A comparison of SBx and TBx is presented in Supplementary Table 1. All variables in both groups showed no significant differences, except for higher PCa-positive cores in SBx than in TBx (10 vs. 4, p<0.001) and higher PCa-positive core rate in TBx than in SBx (100% vs. 73.0%, p<0.001).

Table 2 Comparison of total extraprostatic extension lesions and locations between transrectal and transperineal fusion guided prostate biopsy in 40 prostate cancer cases with identifiable extraprostatic extension

Variables	TR(n = 20)	TP(n = 20)	n value
Total EPE# n	26	30	pvalue
IOtal LF L#, II	20	50	
Mean EPE#/case	1.3	1.5	
EPE location, n (%)			0.038
Base	13 (50.0)	7 (23.3)	
Non-base	13 (50.0)	23 (76.7)	
Laterality, n (%)			0.539
Right	10 (38.5)	13 (43.3)	
Left	15 (57.7)	17 (56.7)	
Midline	1 (3.8)	0 (0)	
EPE in Bx type, n (%)			0.666
SBx	15 (57.7)	19 (63.3)	
ТВх	11 (42.3)	11 (36.7)	

TR transrectal fusion guided prostate biopsy, *TP* transperineal fusion guided prostate biopsy, *EPE* extraprostatic extension, *SBx* systemic template biopsy, *TBx* MRI-US fusion targeted biopsy, *p*-values marked with bold indicate statistically significant differences.

 Table 3
 Comparison of extraprostatic extension between

 systematic template biopsy and fusion guided prostate biopsy

Biopsy methods	All	TR	TP
	(n=2848)	(n = 1917)	(n=931)
EPE-detection rate, n (%)			
Combined methods	40 (1.4)	20 (1.0)	20 (2.1)
EPE detected in SBx	29 (1.0)	14 (0.7)	15 (1.6)
In SBx only	20 (0.7)	11 (0.6)	9 (1.0)
In both SBx and TBx	9 (0.3)	3 (0.2)	6 (0.6)
EPE detected in TBx	20 (0.7)	9 (0.5)	11 (1.2)
In TBx only	11 (0.4)	6 (0.3)	5 (0.5)
In both SBx and TBx	9 (0.3)	3 (0.2)	6 (0.6)
<i>p</i> value	0.196	0.296	0.430

TR transrectal fusion guided prostate biopsy, TP transperineal fusion guided prostate biopsy, EPE extraprostatic extension, SBx systemic template biopsy, TBx MRI-US fusion targeted biopsy, Combined diagnosis by SBx and/or TBx, p EPE detected in SBx vs. EPE detected in TBx

The clinicopathological characteristics of all the EPEpositive patients are shown in Table 4. The median age at biopsy was 71 years (IQR, 64–76), the median prebiopsy PSA was 11.9 ng/mL (IQR, 6.1–17.2), the median prostate volume from MRI examination was 52 cc (IQR, 38–66), and the prebiopsy PSA density (PSAD) was 0.25 ng/mL/cc (IQR, 0.14–0.44). In addition, TP showed a higher PSAD (0.35 vs. 0.17, p=0.005), a greater number of GG4–5 in the core with EPE (65.0% vs. 50.0%, p=0.020), and more PCa-positive SBx cores (10 vs. 8, p=0.023) than in TR.

A comparison of patients with or without an EPE diagnosis on MRI is shown in Supplementary Table 2. There were no significant differences between the two groups, except for patients diagnosed with EPE on MRI, showing a higher index diameter (2.7 cm vs. 2.0 cm, p=0.045)

and higher frequency of a PI-RADS score of 5 (90.9% vs. 55.6%, p=0.021) compared to those without.

Among 40 biopsy EPE cases, 12 (30.0%) underwent subsequent RP, and EPE was identified in all RP specimens (Supplementary Table 3). Furthermore, 83.3% (10 out of 12 cases) of biopsy EPE locations were consistent with the MRI index tumor location, and 100% of biopsy EPE locations were consistent with the EPE locations identified in the RP specimens. Furthermore, seven cases (58.3%) had a tumor volume \geq 30% of the prostate, and four (33.3%) had a final GG5 in the RP specimen. All 12 cases (100%) showed perineural invasion (PNI) in both biopsy and RP specimens, while five cases (41.7%) had a positive surgical margin and two cases (16.7%) had seminal vesicle invasion.

Excluding the 12 patients who received RP, 26 (92.9%) of the remaining 28 patients received radiation (19 cases) or androgen deprivation therapy (7 cases). In a median follow-up period of 22 months (IQR, 6–49 months) after treatment, four patients developed BCR. Of the 40 patients, 14 (35%) developed regional and/or distant metastases. One patient (2.5%) died of PCa during the follow-up period (Supplementary Table 4).

Discussion

Adenocarcinoma infiltration of adipose tissue in a biopsy is widely recognized as a histological criterion for diagnosing EPE, as intraprostatic adipose tissue is extremely rare [4]. MRI can diagnose EPE; however, its sensitivity and specificity are insufficient and unreliable. An accurate estimate of the preoperative probability of EPE is critical to guide decision-making regarding curative intention management. To the best of our knowledge, this is the first study to compare the detection of EPE and its associated findings when using the TR and TP approaches. Our study found that the TP approach had a significantly higher EPE detection rate than the TR approach for SBx, TBx, or the combined methods. The higher detection frequency of EPE in the TP approach compared to the TR approach in SBx or combined SBx and TBx may be due to the greater number of cores taken during the TP approach (20 cores) compared to the TR approach (12 cores) [18]. However, the significant difference between the two approaches in TBx, using the same cores, indicated that the TP approach could increase the EPE detection rate compared to the TR approach.

The regions of the 20-core TP biopsy scheme used in our study [16] were grouped into 10 areas: right anterior medial, right anterior lateral, right posterior medial, right posterior lateral, right base, left anterior medial, left anterior lateral, left posterior medial, left posterior lateral, and left base, based on laterality (right and left, anterior/posterior, middle/lateral, and base or non-base). Two cores were taken from each region according to the **Table 4** Baseline clinico-radiological-pathological characteristics in 40 prostate cancer cases who performing both systematictemplate and MRI-US fusion guided prostate biopsy with identifiable extraprostatic extension through transrectal or transperinealapproach

Variables	All	TR	ТР	p value
Patients, n (%)	40 (100)	20 (50.0)	20 (50.0)	
Median yrs age (IQR)	71 (64–76)	72 (66–78)	73 (63–75)	0.904
Median ng/ml PSA (IQR)	11.9 (6.1–17.2)	9.53 (5.8–13.9)	14.5 (6.8–30.9)	0.056
Median cc prostate vol (IQR)	52 (38–66)	52 (39–70)	52 (34–65)	0.620
Median ng/ml/cc PSA density (IQR)	0.25 (0.14–0.44)	0.17 (0.12–0.25)	0.35 (0.24–0.71)	0.005
Indication for biopsy, n (%)				0.223
Elevated PSA, no prior biopsy	31 (77.5)	15 (75.0)	16 (80.0)	
PCa + active surveillance	6 (15.0)	2 (10.0)	4 (20.0)	
Elevated PSA + prior negative biopsy	3 (7.5)	3 (15.0)	0 (0)	
Median index diameter (cm)	2.3 (1.5–3.5)	2.3 (1.5–3.4)	2.5 (1.5–4.1)	0.445
No. targets on MRI, n (%)				0.451
1	31 (77.5)	17 (85.0)	14 (70.0)	
>1	9 (22.5)	3 (15.0)	6 (30.0)	
PI-RADS score (index), n (%)				1.000
3	2 (5.0)	1 (5.0)	1 (5)	
4	8 (20.0)	4 (20.0)	4 (20.0)	
5	30 (75.0)	15 (75.0)	11 (75.0)	
Primary location (index) on MRI, n (%)				0.407
Transitional zone	1 (2.5)	1 (5.0)	0 (0)	
Peripheral zone	32 (80.0)	17 (85.0)	15 (75.0)	
Multiple zones	7 (17.5)	2 (10.0)	5 (25.0)	
Secondary location (index) on MRI, n (%)				0.458
Posterior	25 (62.5)	14 (70.0)	11 (55.0)	
Anterior	3 (7.5)	2 (10.0)	1 (5.0)	
Both	12 (30.0)	4 (20.0)	8 (40.0)	
Laterality (index), n (%)				0.668
Right	12 (30.0)	5 (25.0)	7 (35.0)	
Left	18 (45.0)	9 (45.0)	9 (45.0)	
Both	10 (25.0)	6 (30.0)	4 (20.0)	
EPE suspected on MRI, n (%)				1.000
Present	18 (45.0)	11 (55.0)	11 (55.0)	
Absent	22 (55.0)	9 (45.0)	9 (45.0)	
Total Gleason Grade Group, n (%)				0.630
2	6 (15.0)	2 (10.0)	4 (20.0)	
3	5 (12.5)	3 (15.0)	2 (10.0)	
4	11 (27.5)	7 (35.0)	4 (20.0)	
5	18 (45.0)	8 (40.0)	10 (50.0)	
Gleason Grade Group in EPE, n (%)				0.020
1	1 (2.5)	1 (5.0)	0 (0)	
2	6 (15.0)	1 (5.0)	5 (25.0)	
3	10 (25.0)	8 (40.0)	2 (10.0)	
4	11 (27.5)	7 (35.0)	4 (20.0)	
5	12 (30.0)	3 (15.0)	9 (45.0)	
PNI (Combined), n (%)				1.000
Present	39 (97.5)	19 (95.0)	20 (100)	
Absent	1 (2.5)	1 (5.0)	0 (0)	
PNI in EPE		x/	x - 7	1.000
Present	36 (90.0)	18 (90.0)	18 (90.0)	
Absent	4 (10.0)	2 (10.0)	2 (10.0)	
Median PCa-positive cores (IQR)	· · · · · ·	· · · - /	· · · - /	
SBx	10 (5-13)	8 (3–11)	10 (8–15)	0.023
	· 、· · -/	x- · · /	· · · · · · · · · · · · · · · · · · ·	

Variables	All	TR	ТР	p value
TBx	4 (3–5)	4 (3–5)	4 (3–5)	0.904
Median PCa-positive core rate (IQR)				
SBx	0.73 (0.35–0.94)	0.63 (0.29–0.98)	0.73 (0.41–0.94)	0.968
TBx	1.00 (0.88-1.00)	1.00 (0.81-1.00)	1.00 (1.00–1.00)	0.565
Median GPC (IQR)				
SBx	0.95 (0.80-1.00)	0.95 (0.75-1.00)	0.95 (0.80-1.00)	0.947
TBx	0.95 (0.85-1.00)	0.95 (0.74-1.00)	0.95 (0.86-1.00)	0.904
Median GPC with EPE (IQR)				
SBx	0.90 (0.64–0.98)	0.90 (0.48–0.95)	0.95 (0.80-1.00)	0.310
TBx	0.95 (0.85–0.99)	0.95 (0.70-1.00)	0.95 (0.85–0.95)	0.941

TR transrectal fusion guided prostate biopsy, *TP* transperineal fusion guided prostate biopsy, *PSA* prostate-specific antigen, *PCa* prostate cancer, *EPE* extraprostatic extension, *SBx* systemic template biopsy, *TBx* MRI-US fusion targeted biopsy, *Combined* diagnosis by SBx and/or TBx, *PNI* perineural invasion, *GPC* greatest percentage of cancer involvement, *p* TR VS TP, *p*-values marked with bold indicate statistically significant differences

standard template, for a total of 20 cores. For cores taken from other than the right and left bases, each biopsy core typically captures the length of the prostate, including the apex, middle, and base areas. However, for the four cores from the base, the surgeons collect the sample by inserting halfway into the prostate without passing the apex. Previously, in RP specimen studies, the most commonly reported location of EPE was at the posterolateral region of prostate, especially the mid-portion or the base [19]. In TR biopsy studies, EPE was also reported to be found mainly in the posterolateral areas of the prostate [5], and extensive cancer at the base predicted EPE on the biopsy [20]. According to Fleshner et al. [5], in their study of 183 cases using the TR ultrasound-guided biopsy technique, EPE was found at the base of the prostate in 67 (37%) cases. Moreover, in a recent meta-analysis by Tu et al. [21], PCa detection rate by TBx was better using the TP approach than the TR approach, especially in detecting anterior tumors. In our study, 50% of EPE lesions were detected at the base area using the TR approach, which was significantly higher than the 23.3% detected using the TP approach. Furthermore, in accordance with the finding of Fleshner et al. [5] that most patients had one or two cores with EPE, we also found a mean number of cores with EPE of 1.40 (56/40) in all cases, with a slightly higher number in TP cases (1.50, 30/20) than in TR cases (1.30, 26/20). Overall, our findings not only confirm that biopsy EPE is often located at the base but also indicate that the TP biopsy technique increases the likelihood of detecting EPE from all regions of the prostate but may sacrifice the detection rate at the base.

In our study, SBx consistently showed a higher EPE detection rate than TBx for both TR and TP approaches, although the difference was not statistically significant. In contrast to our findings, in a small sample size cohort (n=333) with only five EPE cases identified, Baumgartner

et al. [9] reported that TBx showed significantly better performance in detecting EPE than SBx. In general, TBx is superior to SBx for detecting csPCa [22]. However, Pepe et al. [23] found that SBx with a median 30-core template diagnosed 98.3% (59/60) of csPCa cases, while TR fusion and mpMRI-TRUS TP cognitive-targeted biopsy diagnosed 66.7% (40/60) and 93.3% (56/60), respectively. Owing to the overall rarity and lower extent of EPE, it is possible that SBx will have a higher chance of capturing EPE than TBx because of the higher number of cores. In addition, Fasciano et al. [24] showed that the Targeted-Grossing assessment can only identify 32 cases with EPE, where a total of 39 cases with EPE were present on examination of the total tissue. Combined with our findings, the combination of SBx and TBx may be a better choice for EPE detection than TBx alone.

PNI has been shown to be one of the main mechanisms of PCa extension from the prostatic parenchyma to the periprostatic soft tissue [10]. Multiple studies have shown that PNI on needle biopsy is predictive of EPE in univariate analysis [25]. In our study, 97.5% of the EPE-positive cases and 90.0% of the cores with EPE showed concomitant PNI. This finding confirmed the strong correlation between PNI and EPE and suggested that PNI could be the mechanism for PCa extension.

We further evaluated the characteristics of 12 patients who underwent RP. EPE was identified in all RP specimens, which corroborates previous studies that reported a positive predictive value of 91–96% for EPE on biopsy [2, 4, 5]. Furthermore, among the 12 RP specimens, eight (66.7%) showed multi-EPE locations that indicated extensive non-focal EPE, which was consistent with the higher non-focal EPE rate of 88% in a previous study by Fleshner et al. [5]. Recently, Tolonen et al. [26] and Chen et al. [27] reported a higher biopsy incidence of EPE (4.9% [33/670] and 6.7% [117/1742], respectively) in their studies. Compared with our current study, the study cohort included a significantly higher percentage of patients with distant metastases (45.5% (15/33) and 59.8% (70/117), respectively), but much lower (12.5% (5/40)) in our cohort.

The present study has a number of limitations. First, the retrospective nature of our study might cause selection bias. Second, in our study, EPE cases detected using the TP approach were found to have a higher PSAD and more cases with metastases than those detected using the TR approach. PSAD has been reported to be a strong predictor of adverse pathological features, such as EPE, after RP [28, 29]. Although the findings in our study suggest that the TP approach may be more sensitive than the TR approach in detecting EPE, a higher PSAD and higher portion of cases with metastases may indicate that patients in the TP group may potentially carry more advanced diseases. Third, owing to the rare nature of EPE, the sample sizes were relatively small, particularly because the goal of our study was to compare the differences between TR and TP. Finally, since TP biopsy was relatively new, the duration of follow-up after treatment was short (4 months, IOR:3-11). In the future, large prospective randomized studies comparing the two approaches would be ideal for validating our findings.

Conclusions

TBx can improve csPCa detection when compared to SBx method, but not in detecting in EPE. For patients with adverse clinical features prior to biopsy, a combination of 20-core template SBx and TBx through the TP approach may improve the chance of detecting EPE.

Abbreviations

EPE	Extraprostatic extension
PCa	Prostate cancer
RP	Radical prostatectomy
BCR	Biochemical recurrence
mpMRI	Multiparametric magnetic resonance imaging
US	Ultrasound
TBx	mpMRI-US fusion-targeted biopsy
CS	Clinically significant
SBx	Systematic template biopsy
TP	Transperineal
TR	Transrectal
PSA	Prostate-specific antigen
PI-RADS	Prostate Imaging Reporting and Data System
GG	Gleason Grade Group
IQRs	interquartile ranges
PSAD	PSA density
PNI	Perineural invasion

Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s13000-023-01386-w.

Supplementary Material 1

Supplementary Material 2

Supplementary Material 3

Supplementary Material 4

Acknowledgements

Parts of this study were presented at the 2023 USCAP Meeting in New Orleans, Louisiana.

Authors' contributions

Hao-Wen Chuang, Shulin Wu, and Chin-Lee Wu contributed to the study conception and design. Acquisition of data was performed by Hao-Wen Chuang, Shulin Wu, Ting Zhao, Michelle M. Kim, Mukesh Harisinghani, Adam S. Feldman, and Douglas M. Dahl. Analysis and interpretation of data were performed by Hao-Wen Chuang, Shulin Wu, and Chin-Lee Wu. Hao-Wen Chuang and Shulin Wu wrote the main manuscript. Sharron X. Lin, Adam S. Feldman, and Douglas M. Dahl performed critical revision of the manuscript for important intellectual content. Chin-Lee Wu supervised the study. All authors have participated sufficiently in this work and take responsibility for appropriate portions of the content. All authors read and approved the final manuscript.

Funding

No funding was obtained for this study.

Data availability

The data used to support the findings of this study are available from the corresponding author upon request.

Declarations

Ethics approval and consent to participate

This study was approved by the Massachusetts General Hospital Institutional Review Board, and it conforms to the provisions of the Declaration of Helsinki. The requirement for informed consent was waived due to the retrospective nature of the study.

Consent for publication

Not applicable.

Competing interests

The authors declare no competing interests.

Author details

 ¹Department of Pathology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA
 ²Department of Pathology and Laboratory Medicine, Kaohsiung Veterans General Hospital, Kaohsiung, TW, Taiwan
 ³Institute of Oral Biology, School of Dentistry, National Yang Ming Chiao Tung University, Taipei, TW, Taiwan
 ⁴Department of Urology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA
 ⁵Department of Radiology, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA
 Received: 12 February 2023 / Accepted: 21 August 2023

Published online: 11 September 2023

References

- Stephenson AJ, Scardino PT, Eastham JA, et al. Postoperative nomogram predicting the 10-year probability of prostate cancer recurrence after radical prostatectomy. J Clin Oncol. 2005;23(28):7005–12.
- Goldberg H, Ramiz AH, Glicksman R, et al. Extraprostatic Extension in Core Biopsies epitomizes high-risk but locally treatable prostate Cancer. Eur Urol Oncol. 2019;2(1):88–96.
- 3. Li W, Sun Y, Wu Y, Lu F, Xu H. The quantitative Assessment of using Multiparametric MRI for Prediction of Extraprostatic Extension in Patients undergoing

radical prostatectomy: a systematic review and Meta-analysis. Front Oncol. 2021;11:771864.

- Miller JS, Chen Y, Ye H, Robinson BD, Brimo F, Epstein JI. Extraprostatic extension of prostatic adenocarcinoma on needle core biopsy: report of 72 cases with clinical follow-up. BJU Int. 2010;106(3):330–3.
- Fleshner K, Assel M, Benfante N, et al. Clinical findings and treatment outcomes in patients with extraprostatic extension identified on prostate biopsy. J Urol. 2016;196(3):703–8.
- de Rooij M, Hamoen EH, Witjes JA, Barentsz JO, Rovers MM. Accuracy of magnetic resonance imaging for local staging of prostate Cancer: a diagnostic Meta-analysis. Eur Urol. 2016;70(2):233–45.
- Schoots IG, Roobol MJ, Nieboer D, Bangma CH, Steyerberg EW, Hunink MG. Magnetic resonance imaging-targeted biopsy may enhance the diagnostic accuracy of significant prostate cancer detection compared to standard transrectal ultrasound-guided biopsy: a systematic review and meta-analysis. Eur Urol. 2015;68(3):438–50.
- Siddiqui MM, Rais-Bahrami S, Turkbey B, et al. Comparison of MR/ultrasound fusion-guided biopsy with ultrasound-guided biopsy for the diagnosis of prostate cancer. JAMA. 2015;313(4):390–7.
- Baumgartner EM, Porter KK, Nix JW, Rais-Bahrami S, Gordetsky JB. Detection of extraprostatic disease and seminal vesicle invasion in patients undergoing magnetic resonance imaging-targeted prostate biopsies. Transl Androl Urol. 2018;7(Suppl 4):392–S96.
- Wu CL, Kim M, Wu S, et al. Transperineal multiparametric magnetic resonance imaging-ultrasound fusion-targeted prostate biopsy combined with standard template improves perineural invasion detection. Hum Pathol. 2021;117:101–07.
- van Leenders G, van der Kwast TH, Iczkowski KA. The 2019 International Society of Urological Pathology Consensus Conference on Prostate Cancer Grading. Eur Urol. 2021;79(6):707–09.
- Epstein JI, Amin MB, Fine SW, et al. The 2019 Genitourinary Pathology Society (GUPS) White Paper on contemporary grading of prostate Cancer. Arch Pathol Lab Med. 2021;145(4):461–93.
- Egevad L, Delahunt B, Kristiansen G, Samaratunga H, Varma M. Contemporary prognostic indicators for prostate cancer incorporating International Society of Urological Pathology recommendations. Pathology. 2018;50(1):60–73.
- Turkbey B, Rosenkrantz AB, Haider MA, et al.: Prostate Imaging Reporting and Data System Version 2.1: 2019 Update of Prostate Imaging Reporting and Data System Version 2. Eur Urol. 2019;76(3):340–51.
- Hanna N, Wszolek MF, Mojtahed A, et al. Multiparametric magnetic resonance Imaging-Ultrasound Fusion Biopsy improves but does not replace Standard Template Biopsy for the detection of prostate Cancer. J Urol. 2019;202(5):944–51.
- Briggs LG, Kim M, Gusev A, et al. Evaluation of In-Office MRI/US Fusion Transperineal prostate biopsy via free-hand device during routine clinical practice. Urology. 2021;155:26–32.
- 17. Kim MM, Wu S, Lin SX, et al. Transperineal Multiparametric magnetic resonance Imaging-Ultrasound Fusion targeted prostate biopsy combined

with Standard Template improves prostate Cancer detection. J Urol. 2022;207(1):86–94.

- Schaufler C, Daigle R, Singhaviranon S, Gjertson CK, Albertsen PC, Ristau BT. How many cores are enough? Optimizing the transperineal prostate biopsy template. Urol Oncol. 2022;40(5):191. e1–91. e7.
- Johnson MT, Ramsey ML, Ebel JJ, Abaza R, Zynger DL. Do robotic prostatectomy positive surgical margins occur in the same location as extraprostatic extension? World J Urol. 2014;32(3):761–7.
- Badalament RA, Miller MC, Peller PA, et al. An algorithm for predicting nonorgan confined prostate cancer using the results obtained from sextant core biopsies with prostate specific antigen level. J Urol. 1996;156(4):1375–80.
- Tu X, Liu Z, Chang T, et al. Transperineal magnetic resonance imagingtargeted Biopsy May perform Better Than Transrectal Route in the detection of clinically significant prostate Cancer: systematic review and Meta-analysis. Clin Genitourin Cancer. 2019;17(5):e860–e70.
- 22. Kasivisvanathan V, Stabile A, Neves JB, et al. Magnetic resonance imagingtargeted Biopsy Versus systematic biopsy in the detection of prostate Cancer: a systematic review and Meta-analysis. Eur Urol. 2019;76(3):284–303.
- Pepe P, Garufi A, Priolo G, Pennisi M. Transperineal Versus Transrectal MRI/ TRUS Fusion targeted Biopsy: detection rate of clinically significant prostate Cancer. Clin Genitourin Cancer. 2017;15(1):e33–6.
- Fasciano D, Eich ML, Del Carmen Rodriguez Pena M, Rais-Bahrami S, Gordetsky J. Focused submission of tissue for Radical Prostatectomy following multiparametric magnetic resonance Imaging/Ultrasound Fusion-Targeted biopsy. Int J Surg Pathol. 2020;28(1):44–50.
- Harnden P, Shelley MD, Clements H, et al. The prognostic significance of perineural invasion in prostatic cancer biopsies: a systematic review. Cancer. 2007;109(1):13–24.
- 26. Tolonen TT, Riikonen J, Tammela TLJ, et al. Extraprostatic extension (pT3a) in prostate biopsy is an under-recognized feature indicating high risk disease. Ann Diagn Pathol. 2018;35:80–4.
- 27. Chen JR, Zhao JG, Zhu S, et al. Clinical and oncologic findings of extraprostatic extension on needle biopsy in de novo metastatic prostate cancer. Asian J Androl. 2020;22(4):427–31.
- Freedland SJ, Wieder JA, Jack GS, Dorey F, deKernion JB, Aronson WJ. Improved risk stratification for biochemical recurrence after radical prostatectomy using a novel risk group system based on prostate specific antigen density and biopsy gleason score. J Urol. 2002;168:110–5.
- Radwan MH, Yan Y, Luly JR, et al. Prostate-specific antigen density predicts adverse pathology and increased risk of biochemical failure. Urology. 2007;69(6):1121–7.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.